



NORTHERN CALIFORNIA  
MEDICAL ASSOCIATES

## **FOR IMMEDIATE RELEASE**

**Contact:** Julian Rogers, Marketing Director

**Phone:** 707-569-3227

**Email:** [julian.rogers@ncmahealth.com](mailto:julian.rogers@ncmahealth.com)

## **Elizabeth Cedars, MD, joins Northern California Medical Associates' Otolaryngology / Head & Neck Surgery / Ear, Nose & Throat practice**

### **Dr. Cedars to specialize in voice & swallowing disorders, facial plastic & reconstructive surgery, and more**

**Santa Rosa, Calif., September 10, 2018** — Otolaryngologist Elizabeth Cedars, MD, joins Northern California Medical Associates on Oct. 1, 2018. NCMA's newest physician, Dr. Cedars, practices the full breadth of otolaryngology – head and neck surgery, with particular interest in voice and swallowing disorders, facial plastic and reconstructive surgery, nasal and sinus disease, thyroid surgery and sleep surgery. Additionally, she has an interest in patient safety and quality improvement, incorporating these areas into her study and practice.

Dr. Cedars will see patients at NCMA's Otolaryngology / Head & Neck Surgery / Ear, Nose & Throat practice, located at 1701 Fourth Street, Suite 120 in Santa Rosa, Calif.

#### **About Dr. Elizabeth Cedars**

Originally from the Bay Area, Dr. Cedars attended Columbia University (New York) for her undergraduate education, obtaining a Bachelor of Arts degree in biological sciences and philosophy. After graduation, she worked for two years at Rockefeller University (New York) studying neurobiology before she began medical school at the University of California, San Francisco (UCSF). She then completed her internship and residency in Otolaryngology – Head and Neck Surgery at UCSF.

While at UCSF, Dr. Cedars spearheaded work in patient education, patient safety and quality improvement practices within otolaryngology. She previously spent two years performing basic science research into brain plasticity in the lab of Nobel Laureate, Dr. Paul Greengard.

Dr. Cedars performed research in multiple areas of otolaryngology, including pediatric hearing loss, thyroid cancer, free flap surgery, and head and neck cancer prevention, and received awards for work on pediatric hearing screenings. She has a passion for community health and has served in a clinic for the San Francisco homeless population, and participated in substance abuse prevention education for children and pediatric hearing screenings projects.

## **About Northern California Medical Associates**

[Northern California Medical Associates](#) (NCMA) has been a leading association of medical practitioners in the North Bay Area since 1975, when Cardiology Associates of Santa Rosa, Inc. first opened its doors. NCMA remains committed to expanding its expertise and scope of care by continuing to merge with several private practices to better serve our patients in Sonoma, Mendocino and Lake counties. NCMA's specialties include: cardiology, TAVR surgery, dermatology, endocrinology, ENT / otolaryngology / head & neck surgery, family medicine, foot & ankle medicine / podiatry, internal medicine, obstetricians, gynecologists, orthopaedics, osteopathic neuromusculoskeletal medicine, pulmonary / sleep medicine, rheumatology, urology and vein disorder treatment. Visit us on [Facebook](#), [Twitter](#), [LinkedIn](#) and [YouTube](#).

## **About NCMA's Otolaryngology / Head & Neck Surgery / Ear, Nose & Throat practice**

NCMA's Otolaryngology / Head & Neck Surgery / Ear, Nose & Throat practice offers expertise in the medical and surgical treatment of patients with a wide variety of disorders of the head and neck, including: hearing and balance problems, nasal/sinus disease, snoring, voice disorders and swallowing problems. NCMA ENT physicians have expertise in the management of cancers of the nose, mouth, throat, neck, facial skin and thyroid. Our doctors have trained extensively in cosmetic and reconstructive procedures of the face and neck. Learn more about these services at [ncmahealth.com/ncma-services/entotolaryngology](http://ncmahealth.com/ncma-services/entotolaryngology).

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If you would like more information about Dr. Elizabeth Cedars or Northern California Medical Associates, please contact NCMA Marketing Director Julian Rogers at 707-569-3227 or email [julian.rogers@ncmahealth.com](mailto:julian.rogers@ncmahealth.com).