

## ENTERAL TUBE FEEDING 101

In this course, Allison Krall, MS, RD, LD, CNSC, will introduce enteral tube feeding and discuss various indications and contraindications for use; review types of enteral access devices and classifications for enteral formulas; and differentiate between enteral feeding methods (bolus, intermittent, cyclic, and continuous).

**FREE continuing education:** RN 1.0 CE / RD 1.0 CPEU

**ENROLL**

## PUTTING EVIDENCE INTO PRACTICE: PREVENTING, MANAGING AND TREATING ENTERAL FEEDING INTOLERANCE IN THE CRITICAL CARE SETTING

In this course, Kelly Tappenden, PhD, RD, will discuss the prevalence of enteral feeding intolerance in the critical care setting and review its impact on patient outcomes and associated costs; discuss evidence-based approaches in the prevention and management of enteral feeding intolerance; and identify nutrition interventions tailored to specific gastrointestinal intolerances to achieve enteral nutrition goals. Originally presented as a live webinar on October 20, 2021.

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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## SCIENTIFIC UPDATES ON NOVEL CONCEPTS IN DIABETES NUTRITION: TRANSCULTURAL DIABETES NUTRITION ALGORITHM AND DIABETES REMISSION

In this course, Osama Hamdy, MD, PhD, FACE, will discuss nutrition concepts in the management of type 2 diabetes; recognize the role of diabetes-specific formulas in diabetes and obesity management; and review the effect of a structured nutrition plan in diabetes and weight management. Originally presented as a live webinar on June 24, 2021.

**FREE continuing education:** 0.25 RN CE; 0.25 RD CPEU

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## [MEDNAX CME ENDURED WEBINAR 3] HUMAN MILK OLIGOSACCHARIDES: NOT ALL HMOS ARE EQUAL

In this CME course, supported by an Abbott educational grant, Lisa Renzi-Hammond, PhD, will discuss the different categories of human milk oligosaccharides (HMOs) and their unique functions.

**FREE continuing education:** 1.0 AMA PRA Category 1 Credits™; 1.0 RN CE

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## NEONATAL CARDIOVASCULAR SYSTEM

In this course, Mary Kaminski, DNP, APRN, NNP-BC, and Bonnie Gahn, MSN, MA, APRN, will discuss the developmental anatomy of the neonatal heart; review how to interpret an EKG wave; describe the practice of cardiovascular system assessment; and more.

**FREE continuing education:** 1.0 RN CE

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## NEONATAL ALIMENTARY SYSTEM

In this course, Mary Kaminski, DNP, APRN, NNP-BC, Bonnie Gahn, MSN, MA, APRN, and Ashley Bronston, MS, RDN, LDN, will identify the normal developmental stages of the neonatal alimentary tract; describe the practices of GI system assessment; recognize the pathophysiology, clinical presentation, and management of several neonatal gastrointestinal conditions; and more.

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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## PROBIOTICS IN THE NICU: EVIDENCE AND EXPERIENCE

In this course, Arpitha Chiruvolu, MD, FAAP, and Adam Baker, PhD, will present the definition of dysbiosis and the risk factors for the preterm infants; review the expert body of recommendations regarding the use of probiotics; and discuss the process for selecting, implementing, and monitoring a probiotic supplement at your institution. Originally presented as a live webinar on September 29, 2021.

**FREE continuing education:** 0.5 RN CE; 0.5 RD CPEU

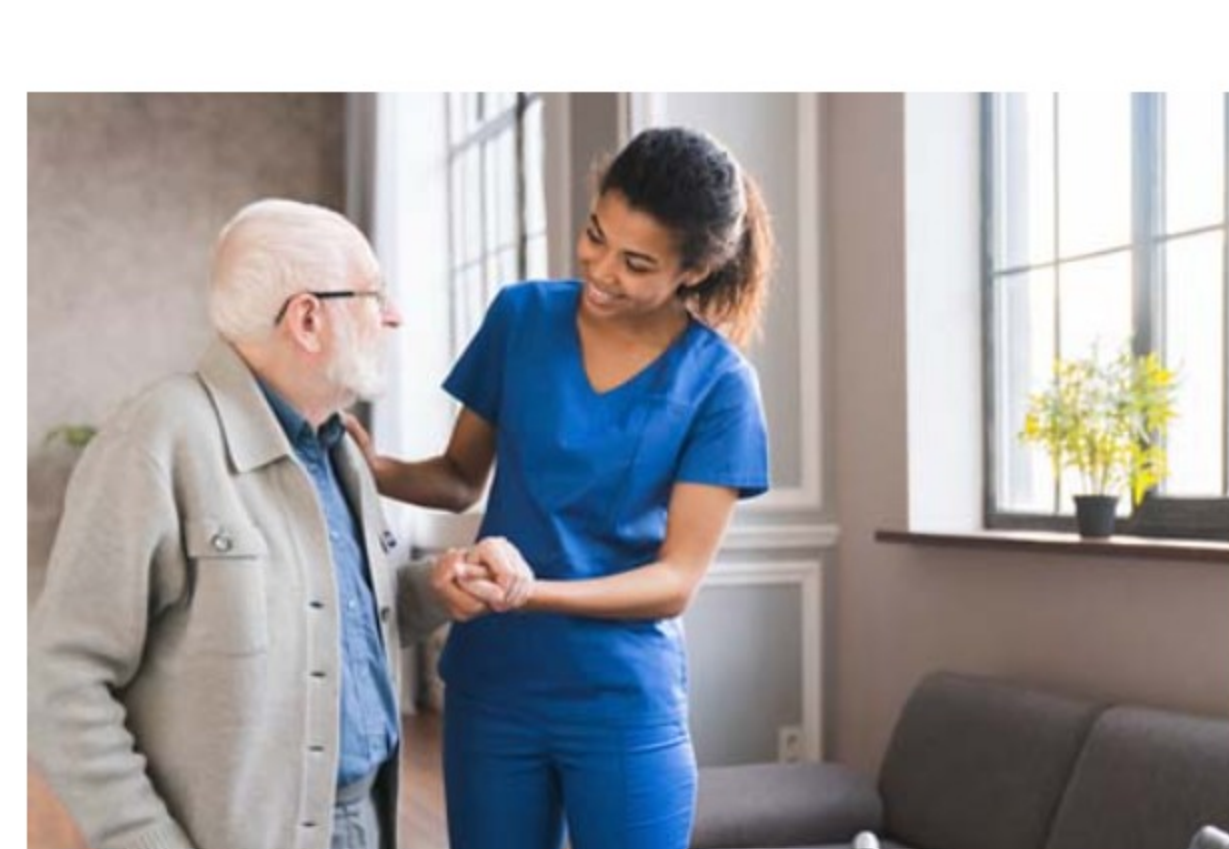
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## MUSCLE MATTERS: NEW INSIGHTS ON THE INTERPLAY BETWEEN NUTRITION, INFLAMMATION AND METABOLISM

In this course, Joel Cramer, PhD, FACSM, FNSCA, FISSN, and Phillip J Atherton, PhD, AFHEA, will present the definition of metabolic flexibility and sarcopenia; summarize the differences in fat and carbohydrate utilization between sarcopenia and non-sarcopenia; discuss the role of muscle in metabolic dysfunction, inflammation, glucose control, and muscle loss in diabetes; and describe the increased risk of insulin resistance in aging and diabetic skeletal muscle. Originally presented at the ESPEN 2021 Virtual Congress ANHI Symposium.

**FREE continuing education:** 0.5 RN CE; 0.5 RD CPEU

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## IMPLICATIONS OF DIABETES IN SARCOPENIA AND LOW MUSCLE MASS

In this course, Refaat Hegazi, MD, PhD, MS, MPH, MBA, will review the incidence and prevalence of muscle loss in people with diabetes; identify diabetes as a cause and consequence of sarcopenia; and discuss nutrition solutions for sarcopenia in diabetes. Originally presented as a live webinar on June 24, 2021.

**FREE continuing education:** 0.5 RN CE; 0.5 RD CPEU

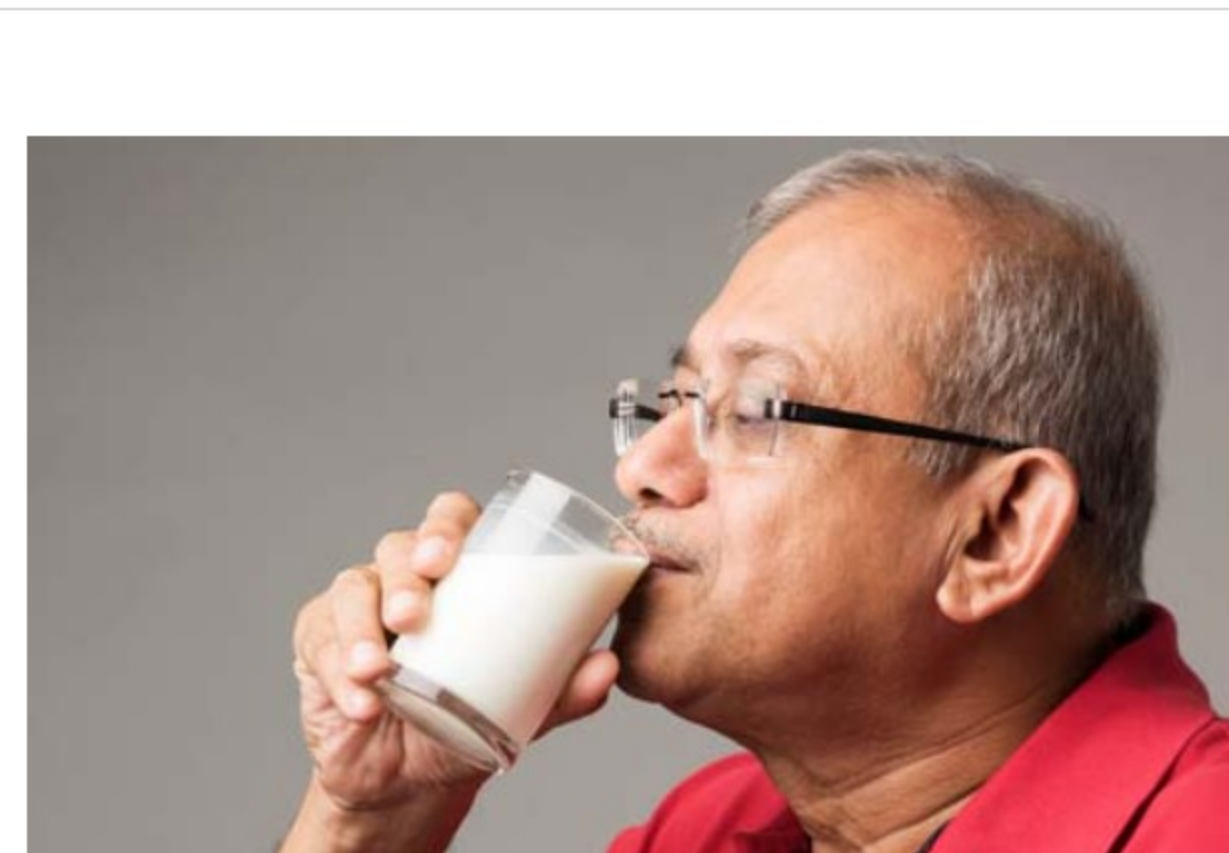
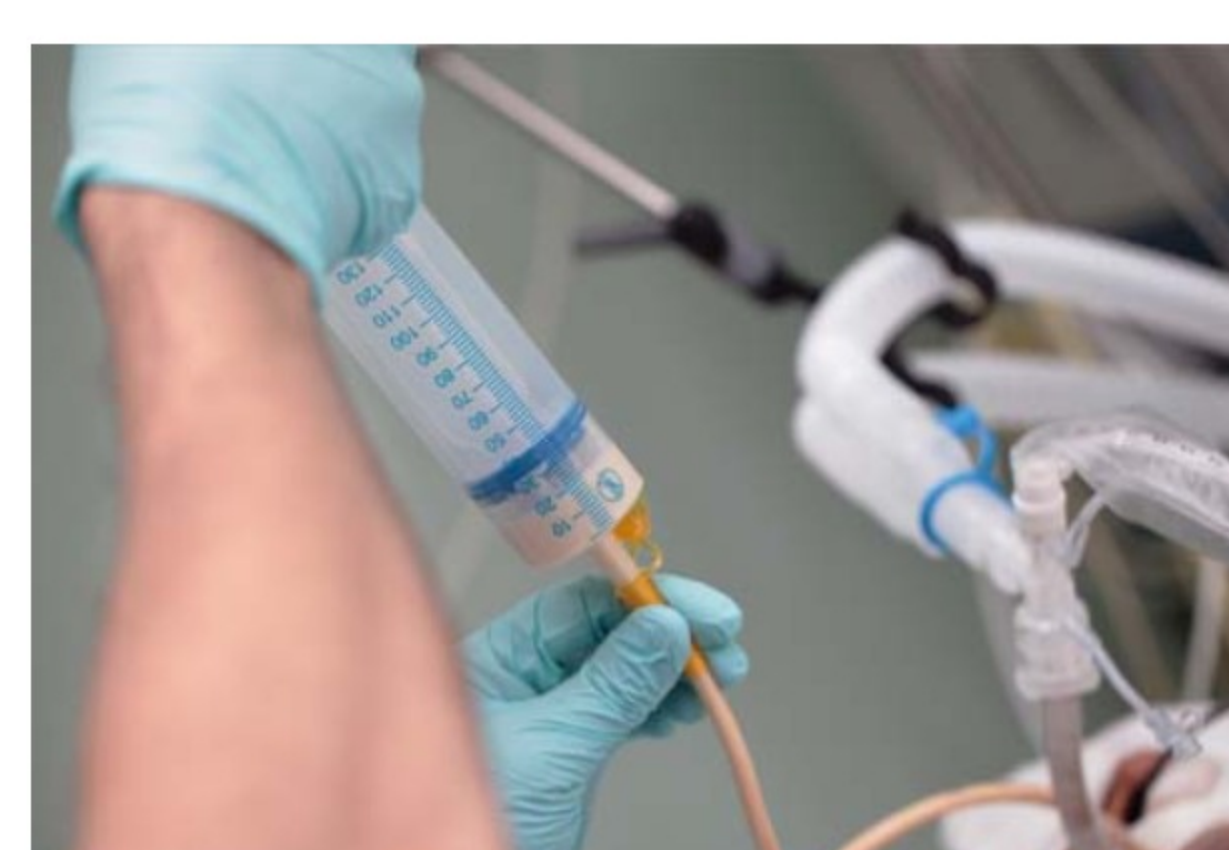
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## GASTROINTESTINAL INTOLERANCE IN CRITICALLY ILL PATIENTS: DEFINITIONS, MANAGEMENT AND NUTRITION CONSIDERATIONS

In this course, Beth Besecker, MD, MBA, SSGB, Jan Powers, PhD, RN, CCNS, NE-BC, and Katie Robinson, PhD, MPH, RD, CNSC, will define GI intolerance in critically ill adult patients; review evidence-based guidelines for the management of GI intolerance in critically ill patients; and evaluate the potential role of nutrients in GI tolerance.

**FREE continuing education:** 1.0 RN CE; 1.0 RD CPEU

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## GLOBAL CONSENSUS STATEMENT ON THE IMPACT OF MEDICAL NUTRITION THERAPY AND DIABETES-SPECIFIC FORMULAS

In this course, Jeffrey I. Mechanick, MD, FACP, FACN, ECNU, MACE, will highlight the role of medical nutrition therapy and diabetes-specific nutritional formulas (DSNF) to improve outcomes in people with diabetes; discuss the need for diabetes; and review the new global consensus statement on the impact of medical nutrition therapy and DSNF on metabolic and cardiovascular risk factors. Originally presented as a live webinar on June 24, 2021.

**FREE continuing education:** 0.5 RN CE; 0.5 RD CPEU

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## THE COMMISSION OF NUTRITION GLUCOSE MONITORING AND NUTRITION ON GLYCEMIC MANAGEMENT

In this course, Dana Gershonoff, MS, RD, CDCES, and Holly Willis, PhD, RD, will describe the clinical benefits of continuous glucose monitoring (CGM) in people with diabetes using the Ambulatory Glucose Profile (AGP) Report; examine the role of nutrition interventions on glycemic management in people with diabetes; and discuss the practical application of integrating CGM and nutrition intervention for optimal glycemic management. Originally presented as a live webinar on June 24, 2021.

**FREE continuing education:** 0.5 RN CE; 0.5 RD CPEU

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Abbott Nutrition Health Institute is an approved provider of continuing nursing education by the California Board of Registered Nursing Provider #CEP 11213.

**ABBOTT NUTRITION'S PROVIDER STATEMENT FOR DIETITIAN CPEUS:**  
Abbott Nutrition Health Institute (R0002), is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

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