



JANUARY 2022 NEWSLETTER

Pediatric Immune Health

The immune system is the body's defense against infections. Providing key nutrients as part of a well-balanced diet may help support and maintain your child's immune health.

This infographic will help you explain the importance of a healthy immune system to parents and caregivers, and how good nutrition and hydration play a vital role.

[DOWNLOAD INFOGRAPHIC](#)

Real Food Tube Feeding Podcast Series



This three-part podcast series discusses the growing interest in offering real foods as part of a healthy tube-feeding diet, the many great benefits to this approach, and some considerations to keep in mind when beginning a real food tube feeding regimen.

[LISTEN](#)

Gastrointestinal Intolerance in Critically Ill Patients: Definitions, Management & Nutrition Considerations



In this course, Beth Besecker, MD, MBA, SSGB, Jan Powers, PhD, RN, CCNS, NE-BC, and Katie Robinson, PhD, MPH, RD, CNSC, will define GI intolerance in critically ill adult patients; review evidence-based guidelines for the management of GI intolerance in critically ill patients; and evaluate the potential role of nutrients in GI tolerance.

FREE Continuing Education: 1.0 RN CE; 1.0 RD CPEU

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Probiotics in the NICU: Evidence & Experience



In this course, you'll learn the definition of dysbiosis and the risk factors for preterm infants; review the expert body of recommendations regarding the use of probiotics; and discuss the process for selecting, implementing, and monitoring a probiotic supplement at your institution. Originally presented as a live webinar on September 29, 2021.

FREE Continuing Education: 0.5 RN CE; 0.5 RD CPEU

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